Accessible Community Forum: Accessible Healthcare in BC

October 27, 2023, 1:00pm - 3:00pm

Zoom Chat Transcript

ACF Accessible Healthcare Zoom Chat

13:01:10 From Scott Jeffery To Everyone:

Hello, is there ASL interpreters today?

13:03:05 From Scott Jeffery To Everyone:

We have some Deaf people here, and the topic is on accessibility in the community, but there is no ASL interpreter provided.

13:03:40 From Vinu Abraham To Everyone:

Is ASL interpreter here?

13:06:14 From Rick \m/ To Everyone:

CC option at the bottom of screen "show captions"

13:06:15 From Kim Egger To Everyone:

She just mentioned how you can use closed captioning.

13:07:38 From Vinu Abraham To Everyone:

Some Deaf can't read English so how can we underesetand English caption? We prefer ASL interpreters

13:07:41 From Scott Jeffery To Everyone:

Closed captioning is not the best accessibility option for individuals who are Deaf. Furthermore, Zoom's Al is not always accurate, and words may be mistaken, leading to misunderstandings.

13:08:26 From Kim Egger To Everyone:

Good point Jeffery.

13:08:32 From Sandra To Everyone:

Replying to "Closed captioning is..."

Good for those who are Hard of Hearing - Closed Captions.

13:09:33 From Vinu Abraham To Everyone:

I am Deaf so I may not understand captions becuase captions are automated. I prefer ASL interpreters. It looks like this forum is not accessible to Deaf now. :(

13:10:14 From Kim Egger To Everyone:

I think they just learned something about accessible to all healthcare

13:12:34 From Amelia Cooper (she/her) To Everyone:

It's hard though when you have a rare disability

13:13:56 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

Sincere apologies for not having an ASL interpreter at this meeting @Vinu Abraham We have always used closed captioning for these online events. We will absolutely take this into consideration for the future!

13:14:31 From Patricia G To Everyone:

Accessibility also includes invisible diabilities like dysautonomia, asthma, migraines, allergies, etc. Having moving screens in clinics, use of fragrances, mouldy clinics and labs etc is a huge problem. As an example, Irecently visited my rheumatologist and the clinic had cans of Febreeze everywhere. I went to Lifelabs to get a blood test and the clinic was in a mouldy basement. My mom's dentist has an essential oil diffuser in the lobby. Iwent for a gastric teset adn the technician reeked of Gain on her scrubs. Health care places shoud have good air quality without known lung irritants, allergens, and neurological dusruptors.

13:14:50 From Sandra To Everyone:

Replying to "Sincere apologies fo..."

Thank you.

13:15:14 From Patricia G To Everyone:

(sorry for typos)

13:15:23 From Scott Jeffery To Everyone:

I work at Provincial Language Services within the Provincial Health Service Authority. Our responsibility is to ensure that patients have equitable access to healthcare. Unfortunately, I am Deaf, and regrettably, this forum is not accessible for some of us.

13:16:27 From Kim Egger To Everyone:

On a positive, it's helpful that this is offered online

13:17:09 From Scott Jeffery To Everyone:

contact me at Scott.Jeffery@phsa.ca for guidance in making meeting accessible for Deaf individuals.

13:18:17 From Patricia G To Everyone:

I have sanctuary trauma from the way I was treated when I caught COVID in 2020.

13:19:37 From Charmaine (she)-HQBC To Everyone:

https://healthqualitybc.ca/

13:20:53 From Charmaine (she)-HQBC To Everyone:

https://www.patientcarequalityreviewboard.ca/makecomplaint.html

13:21:01 From Cameron To Everyone:

Ive ben a active patient for 20 yrs 23 surgeries 2 flaps couple superbugs amputation 2020 and healthcare has never been accessible often all the healthcare workers no about your disability is what you tell them

13:21:36 From brie To Everyone:

PCQO didn't help me haha. hopefully others have more luck

13:21:36 From Charmaine (she)-HQBC To Everyone:

https://www2.gov.bc.ca/gov/content/health/about-bc-s-health-care-system/health-care-complaints

13:21:54 From Jess Adam To Everyone:

Is there a time-limit for submitting a report?

13:21:57 From Vinu Abraham To Everyone:

Replying to "Sincere apologies fo..."

@Emily Chambers - ConnecTra Program Coordinator An apology is not enough; I believe that taking action is the best way forward. Therefore, I urge you to consider hosting this forum with ASL interpreters for the Deaf community soon. I had expected the host to have the common sense to provide ASL interpreters for Deaf and Hard of Hearing individuals to actively engage in the conversation. The title 'Accessible Community Forum' implies that the host should have made accommodations for all types of disabled participants. Unfortunately, ASL interpreter access has been removed from our conversations within this important forum.

13:22:00 From Charmaine (she)-HQBC To Everyone:

https://bcombudsperson.ca/

13:22:18 From Charmaine (she)-HQBC To Everyone:

https://www.bchealthyliving.ca/working-together/who-we-are/

13:23:00 From Patricia G To Everyone:

I have also reported a doctor to College of Physicans and Surgeons.

13:23:15 From Cameron To Everyone:

i do a lot with PVN

13:23:27 From Charmaine (she)-HQBC To Everyone:

Replying to "i do a lot with PVN"

yay! glad to hear this Cameron!!!

13:23:50 From Charmaine (she)-HQBC To Everyone:

https://patientvoicesbc.ca/

13:24:06 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

Replying to "Sincere apologies fo..."

Absolutely. I have already mentioned this to management and we will make sure to make appropriate arrangements.

13:24:09 From Charmaine (she)-HQBC To Everyone:

-PVN - where you can work collaboratively with health care staff on improvement projects

13:24:29 From Cameron To Everyone:

and CEAN Pvn for coastal health and providence health

13:24:34 From Scott Jeffery To Everyone:

@Charmaine (she)-HQBC - Does HQBC have patient partners who are Deaf, Deaf-Blind, and Hard of Hearing to help guide HQBC in making healthcare more equitable for these communities? HQBC has provided ASL interpreters in their quality forums and is planning to continue doing so in April. However, I haven't seen any discussions in the forum regarding disabilities. Will HQBC have an opportunity to discuss this?

13:24:37 From Jess Adam To Everyone:

Between when the action happens and when the report is made.

13:25:01 From Jess Adam To Everyone:

Like if something happened 2 years ago, could it be reported today?

13:25:05 From Leslee Scott, Victoria To Everyone:

My concern relate to hearing loss, whether captioning or ASL interpreting, for extended health services including dental and eye care, physical therapy, massage, nutritionists, etc outside of the hospital setting. These services are not included in access and requests to the service providers to pay for the access is more often than not, denied.

13:25:33 From Cameron To Everyone:

Providence is doing a lot with Patient Partners Physician LED Quality Impovement

13:26:48 From SFAL - Marney To Everyone:

Replying to "i do a lot with PVN"

PVN?

13:26:56 From Cameron To Everyone:

There are a couple Health Memtor Programs with UBC and BCIT talking to students

13:27:26 From Patty To Everyone:

Disabity education in high schools is a great point Heather!

13:27:56 From Amelia Cooper (she/her) To Everyone:

I find that doctors can be discriminatory too. I went to see an anaesthesiologist once for a surgery to have an IUD put in and he couldn't believe that someone like me could be sexually active.

13:27:56 From Charmaine (she)-HQBC To Everyone:

Replying to "i do a lot with PVN"

https://patientvoicesbc.ca/

13:29:04 From Sandra To Everyone:

Replying to "I find that doctors ..."

Truth to this Amelia! I'm a mother of four (now adults).

13:29:25 From lara pinchbeck (she/ella/elle) To Everyone:

We want to live with a social or capacity model of disability and medical folks are entrenched in the medical model. Otherwise they would not be the experts!

13:30:02 From SFAL - Marney To Everyone:

YOU CAN TURN ON CAPTIONS HERE AND THE TRANSCRIPT IS LIVE (sorry Caps)

13:31:19 From Alex To Everyone:

We need a patient advocate program.

13:31:48 From Bruce Young To Everyone:

How are invisible disabilies addressed in all venues?

13:32:31 From Charmaine (she)-HQBC To Everyone:

https://healthqualitybc.ca/patient-community-voices/what-matters-to-you/

13:32:44 From Sandra To Everyone:

Replying to "We need a patient ad..."

There was one back in the late 90's.

13:33:26 From Sandra To Everyone:

Replying to "https://healthqualit..."

Yes, this is the one Alex.

13:33:29 From Vinu Abraham To Everyone:

Replying to "YOU CAN TURN ON CAPT..."

Caption do not have accurate info which can lead to misunderstanding for Deaf and Hard of Hearing community. Some Deaf can't read English so we (Deaf) prefer ASL interpreters

13:33:48 From Cameron To Everyone:

i take part in the UBC and BCIT health mentor programs

13:33:49 From Patricia G To Everyone:

throwing this out there because I know this chat will be captured for later - INTERSECTIONALITY - so many of us have overlapping things that are all factors. For me, being a disabled and also a widowed woman are huge factors in care. My chart has a big "widowed" status at the top under my gender and I know this erodes my access to care too.

13:34:55 From Cameron To Everyone:

my biggest problem with accessibility is poverty

13:36:11 From Cameron To Everyone:

hi that's me your talking abut pwd

13:36:48 From Patricia G To Everyone:

ageism too - I cannot quailify for home care due to age even though my doctor referred me for it. So many intersectionalities.

13:37:29 From Heather Lamb To Everyone:

SCI BC InfoLine, 1 800 689 2477, info@sci-bc.ca. We don't ask for a diagnosis when you call, so we'll answer questions from people with disabilities, caregivers, family members, etc.

13:39:58 From Lyrica To Everyone:

Replying to "SCI BC InfoLine, 18..."

What does SCI stand for? Is there a website? The services sound important, but more info would be appreciated.

13:40:09 From Lyrica To Everyone:

Great points Amelia.

13:40:10 From Jess Adam To Everyone:

Replying to "SCI BC InfoLine, 18..."

Spinal Cord Injury

13:40:32 From Jess Adam To Everyone:

Replying to "SCI BC InfoLine, 18..."

https://sci-bc.ca/

13:40:57 From Cameron To Everyone:

Replying to "SCI BC InfoLine, 18..."

have used it often

13:45:41 From Jess Adam To Everyone:

I have also had absolutely horrid experience in emergency departments. Seems to be some of the worst doctors.

13:48:58 From Patty To Everyone:

I'm sorry to hear all this Monica! (2)



Unacceptable from my point of view

13:49:06 From Alex To Everyone:

I'm so sorry that you experienced that. We've had similar experiences.

13:50:05 From Jess Adam To Everyone:

I have also had a family physician straight up deny taking me on as a patient due to my complex care needs, which are not even that complex. She did not want to take responsibility for a patient who required pain care.

13:54:16 From Asifa Lalji To Everyone:

Canada is failing at its commitment to the United Nations Convention on the Rights of Persons with Disabilities. We need more advocacy at a political and legal space. Self advocacy is important but doesn't carry enough weight. We have systemic discrimination towards people with disabilities. What work are the panelists doing or aware of to hold government to account and meet obligations? Where is the Canadian human rights commission on this? It's only getting worse as the healthcare system is being under resourced

13:55:37 From heather vogl To Everyone:

I have also had dreadful experiences in the ICU and hospital visits as well as most other health care facilities. I am happy to share via email with those who are advocates for us!

13:56:24 From Patricia G To Everyone:

That whole adage doctors learn about hoofbeats being horses causes so many issues. They learn to think it's only common issues as a possibility. I have stories about my late dad, my late husband, my late brother-in-law, myself, etc etc. All horrific. Absolutely horrific. I agree it is worse since COVID. People just say, "oh only disabled people will die of COVID" right to my face. I tried to get advanced vaccine sue to

EDS and was declined. I'm now a long hauler. Prior to COVID infection I was "normal enough", working, had a life etc. Now I'm mostly homebound. I now have small airway disease, dysautonomia, PoTS, several new IgE allergies, etc etc. If i ever have to go to a hospital, they tell me I'm a hypochondriac. I know someone who gave herself an EpiPen after a nurse accused her of having a panic attack (it was anaphylaxis) and then she was Section 7'd under the mental health act for administering her EpiPen! Just ridiculous!

13:58:07 From Patty To Everyone:

Sandra that's disgusting how you were treated!!

I'm sorry you had to go through that treatment!

13:58:10 From Alex To Everyone:

We need a patient advocate program that will provide a free advocate who will be there with the patient and ensure their rights are respected and help advocate for them. When interacting with a healthcare person who is pressuring you, it can be difficult to self advocate and even with family/friends they also get pressured or know our rights.

13:59:09 From lara pinchbeck (she/ella/elle) To Everyone:

I wonder if the diversity sensitivity/awareness training of medical folks might need to be activated with the new Accessible Canada Act?

14:00:41 From Patty To Everyone:

Monica it's so great to see you again!!! 😌 🖤



14:03:55 From Patricia G To Everyone:

Prevention is key and yet standard strata bylaws still allow smoking in condo units (not in halls or common areas, but in-unit is still allowed as defafault), and there are no fragrance free apartment buildings at all. Again I'm typing this in the hope that someone will read this. Smoke Free Housing BC and Clean Air Coalition are trying, but it's an uphill battle. Vaping is even harder to prevent since it doesn not set off smoke alarms.

14:04:12 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

In Plain Sight Report: https://engage.gov.bc.ca/app/uploads/sites/613/2020/11/In-Plain-Sight-Summary-Report.pdf

14:05:56 From Sandra To Everyone:

Replying to "In Plain Sight Repor..."

Thank you.

14:09:56 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

SCI BC InfoLine, 1 800 689 2477, info@sci-bc.ca. We don't ask for a diagnosis when you call, so we'll answer questions from people with disabilities, caregivers, family members, etc.

14:11:25 From dynamicmg To Everyone:

I was involved in this program about 10 years ago, https://health.ubc.ca/pcpe this is part of the medical education program. Patient and Community Partnership for Education (pcpe).

14:12:03 From Charmaine (she)-HQBC To Everyone:

Replying to "I was involved in th..."

yes I work with these folks too - they're awesome

14:13:30 From MS ABATeam To Everyone:

Can housekeeping issue be at least partially addressed with getting volunteer service for special needs? Perhaps to organize specific volunteer group just for this purpose? Some volunteers could be students who need to complete their practicum with working with special needs.

14:16:21 From dynamicmg To Everyone:

Medical marijuana should be covered by our healthcare system. I have chronic pain from getting hit by a car (2x) and I use cream that has THC & CBD 1 to 1, but it's \$50 per jar. As far as I know it's not covered. I can afford it because I work full time (currently on sick leave) but everyone that has chronic pain should have options not just opioids.

14:16:28 From Patty To Everyone:

Some ppl have been fired for being too compassionate

14:16:53 From Jess Adam To Everyone:

They aren't lol

14:17:35 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

https://pathwaysclubhouse.com/

14:17:43 From Patricia G To Everyone:

Replying to "Can housekeeping i..."

My doctor tried to refer me to Three Bridges for help with it and because I'm not 55 and I can feed myself, I did not qualify. I was told that "my house doesn't need to llok like a magazine" and to just not clean it as much. AndI'm allergic to dust mites, mould, and have long COVID small airway disease/emphysema. I tried to hire a housekeeping company but they want to you pre-clean before they clean. I hired them once and had to stay outside as they cleaned, and then they wet-mopped my hardwood after I asked them not to, so I had to go and dry it all with towels myself after. It was exhausting. I never did it again. It also cost me \$400 and they never cleaned under my microwave or fridge like they said they would.

14:20:20 From Jess Adam To Everyone:

Im literally at a loss for words right now as you just described one of the biggest challenges I have been faces for years. My already unaffordable apartment is literal hell because they cheated out on all

soundproofing and every single door step, child running, adult stomping, etc. spikes my anxiety horribly due to sever CPTSD. But no one cares.

14:21:19 From BCANDS - Jessica Knight (she/her) To Everyone:

Replying to "Can housekeeping iss..."

This would be a great idea, MS ABATeam! The experiences others have discussed reflect my experiences as a Disability Case Manager in trying to find funding for house cleaning for people with disabilities. I have tried for days on end to find funding in both the Fraser and Island Health regions and it is a major gap in care.

14:21:31 From Jess Adam To Everyone:

"It's all in your head"

14:22:09 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

so sorry to hear this @Jess Adam

14:22:34 From Bruce Young To Everyone:

I had a stroke and created Stroke Survivors Advocacy of Canada and want to pick your brains on who we connnect with in each province.

14:23:27 From Chloe To Everyone:

https://strokesurvivorsadvocacygroup.ca/

14:23:59 From Sandra To Everyone:

Replying to "Can housekeeping iss..."

@BCANDS - Jessica Knight (she/her) It would be good for those who are not Status/Metis. As I do have Scoliosis and on EI-Illness/Sickness. Some days it's difficult for me to be physically able to move around to clean.

14:24:29 From Bruce Young To Everyone:

If your symptoms are not in the clinician's bag of tricks are lost what to do

14:25:44 From Rick \m/ To Everyone:

truuuue

14:25:47 From Sandra To Everyone:

Replying to "Medical marijuana sh..."

I rely on CBD as well; great for chronic pain managments.

14:28:00 From Cameron Rankin To Everyone:

Tech difficulties

14:29:45 From Amelia Cooper (she/her) To Everyone:

It's ironic because a lot of the mental health issues we have are caused by medical things we've been through and yet we don't get funding for mental health treatments to deal with that.

14:33:27 From Bruce Young To Everyone:

OH SHIT!!!

14:33:43 From Sandra To Everyone:

Replying to "It's ironic because ..."

I just signed up for a MH Focus Group. They'll be having a mtg on November 28th.

14:34:41 From Charmaine (she)-HQBC To Everyone:

Replying to "It's ironic because ..."

Great to hear you getting engaged! "Patient" voices are really important at things like that

14:35:26 From Kim Egger To Everyone:

Was the person who died from suicide offered the MAID program? It was offered to someone in a similar situation who went to VH for help

14:36:00 From Charmaine (she)-HQBC To Everyone:

BC recently launched the Health Connect Registry: https://www.healthlinkbc.ca/health-connect-registry

14:36:22 From Kim Egger To Everyone:

Bounce back is no charge

14:37:07 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

811

14:37:10 From Sandra To Everyone:

Replying to "It's ironic because ..."

I have served as a PHAC years ago for the Indigenous populations way back and was apart of Patient Voices years ago as well. Now I'm focus on Women w/Disabilities with DAWN CANADA and other groups.

14:37:24 From Patricia G To Everyone:

Replying to "Was the person who..."

no but my father-in-law was when he had esophageal cancer since he was "70 already and it would cost a lot for surgery". He declined their offer and got his surgery. Doctors are not allowed to bring up MAiD but it happens.

14:37:50 From Sandra To Everyone:

Replying to "It's ironic because ..."

I think we always been a Self Advocate as no one know our Disabilities or how we live with them.

14:38:03 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

Replying to "It's ironic because ..."

https://crisiscentre.bc.ca/

14:38:41 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

Replying to "It's ironic because ..."

https://crisiscentre.bc.ca/distress-services/

14:39:10 From Debbie Richardson To Everyone:

Replying to "It's ironic because ..."

https://www.findadoctorbc.ca/

14:40:07 From Jess Adam To Everyone:

Many of us do not have family doctors.

14:40:48 From Heather Lamb To Everyone:

https://sci-bc.ca/resource/list-of-lower-cost-counselling-services-in-bc/

14:41:02 From Vanessa Lim, Tall Tree To Everyone:

https://willowtreecounselling.ca/wp-content/themes/willowtree/reduced-cost-counselling.pdf

14:41:06 From Kim Egger To Everyone:

Is the purpose of this forum to discuss our concerns and share resources? Is there anything available after this? thanks

14:41:57 From Kim Egger To Everyone:

SCI BC has a great website with resources

14:42:10 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

https://ultimatehealthpodcast.com/

14:42:34 From Jess Adam To Everyone:

Replying to "Is the purpose of th..."

https://disabilityfoundation.org/acf/ - a transcript of the forum, survey results, and a page of resources will be updated here

14:42:35 From Debbie Richardson To Everyone:

Replying to "Many of us do not ha..."

https://www.findadoctorbc.ca/

14:42:48 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

https://www.hubermanlab.com/podcast

14:42:55 From Vanessa Lim, Tall Tree To Everyone:

On Vancouver Island: GP referrals to the following services: 1) https://www.islandhealth.ca/our-services/mental-health-substance-use-services/outpatient-treatment-mental-health

2) https://www.bcalm.ca/

3) https://citizenscounselling.com/ - this clinic operates on a sliding scale

14:43:14 From Amelia Cooper (she/her) To Everyone:

Ya but different people with different disabilities have certain nutritional or treatment needs

14:43:18 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

https://www.eatwelllivewellwithsci.com/

14:44:07 From Pascale (she/her) - Pathways Clubhouse To Everyone:

https://pathwaysclubhouse.com/get-help/mental-health-resources/

14:44:41 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

Pascale Jendral (Pathways Clubhouse) Pascale.Jendral@pathwaysclubhouse.com

14:44:54 From SFAL - Marney To Everyone:

https://headsupguys.org/ GREAT FREE RESOURXE TOO

14:45:25 From SFAL - Marney To Everyone:

for mental health

14:47:44 From Jess Adam To Everyone:

Harass any friends or family members that have family doctors

14:48:41 From Kirsten Sharp To Everyone:

They are also starting a new med school, though that will be awhile off, there are lots who want to be doctors but not the spaces in unit to take them.

14:48:45 From brie To Everyone:

Reacted to "Harass any friends o..." with 🧗

14:48:57 From Kirsten Sharp To Everyone:

Totally realize that doesn't help us now!!

14:49:13 From BCANDS - Jessica Knight (she/her) To Everyone:

Sometimes, doctors will take on family members and even close friends of their current patients. However, I was recently told that physicians are now supposed to "pull" from the Health Care Registry and not take new patients from other places (.g., emails/walk-ins, etc.), so I'm not sure if this is still an option.

14:49:56 From Debbie Richardson To Everyone:

211 British Columbia is a free and confidential service that connects people to helpful and vital resources in their community.

14:50:41 From Chloe To Everyone:

https://bc.211.ca/

14:51:13 From Charmaine (she)-HQBC To Everyone:

https://bc.211.ca/

14:51:32 From Patricia G To Everyone:

I go to Fraser Street Medical in Vancouver - I don't think they are taking new patients right now but they do have complex care patients.

14:52:06 From Patricia G To Everyone:

There's also the Race Line (I forget the spelling) where a GP can consult a specialist quickly.

14:53:00 From Amelia Cooper (she/her) To Everyone:

Sorry I have to leave for another meeting but thank you so much for this helpful conversation :-)

14:53:02 From Patricia G To Everyone:

RACE - Rapid Access to Consultative Expertise

14:53:27 From Chloe To Everyone:

http://www.raceconnect.ca/about-race/

14:53:56 From Emily Chambers - ConnecTra Program Coordinator To Everyone:

https://planinstitute.ca/

14:54:32 From Jess Adam To Everyone:

I finally found one doctor who was actually caring, asked her if she was accepting patients, she laughed before saying, "Oh, I'm just a walk-in doctor. I won't be a family practitioner here because I can't afford to live here."

14:54:54 From Debbie Richardson To Everyone:

Thank you!! 14:55:06 From Patricia G To Everyone: Thank you! 14:55:08 From lara pinchbeck (she/ella/elle) To Everyone: Thanks all! 14:55:08 From Chloe To Everyone: Charmaine Niebergall (Health Quality BC) pvn@healthqualitybc.ca Joanne Smith (Fruitful Elements Nutrition) jes.smithy@gmail.com Pascale Jendral (Pathways Clubhouse) Pascale.Jendral@pathwaysclubhouse.com Heather Lamb (SCI-BC) hlamb@sci-bc.ca Vanessa Lim (Tall Tree Integrated Health) Emily Chambers (ConnecTra) echambers@connectra.org 14:55:25 From Vanessa Lim, Tall Tree To Everyone: vanessalim@talltreehealth.ca 14:55:45 From Annie (she/her) To Everyone: Thanks everyone! Great panel! 14:55:50 From Kim Egger To Everyone: Thanks for sharing everyone and the panel for being here! 14:55:54 From dynamicmg To Everyone: Thank you Emily for coordinating. I think you might need a cup of tea/coffee now. Have a great afternoon! 14:56:11 From Ebby Mohseni To Everyone: Thank you so much! 14:56:13 From Bruce Young To Everyone: Thank you everyone!!!HUG for you all. We will meet again. strokesurviorsadvocacygroup.ca 14:56:41 From BCANDS - Jessica Knight (she/her) To Everyone:

Thank you!